

# What's on the Menu?

August-September 2024

## RISE Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
26 Breakfast Break Asst Cereal Cracker Juice	27 Breakfast Break Asst Cereal Cracker Juice	28 Breakfast Break Asst Cereal Cracker Juice	29 Breakfast Break Asst Cereal Cracker Juice	30 Breakfast Break Asst Cereal Cracker Juice
2 <b>LABOR DAY</b>	3 Breakfast Break Asst Cereal Cracker Juice	4 Breakfast Break Asst Cereal Cracker Juice	5 Breakfast Break Asst Cereal Cracker Juice	6 Breakfast Break Asst Cereal Cracker Juice
9 Blueberry Muffin String Cheese 100% Fruit Juice	10 Cereal Graham Cracker Fresh Apple	11 Mini Waffles	12 Yogurt Cinnamon Goldfish 100% Fruit Juice	13 Bagel Cream Cheese Fresh Apple
16 Apple Muffin String Cheese 100% Fruit Juice	17 Cereal Cheese Cubes Fresh Apple	18 French Toast Minis	19 Yogurt Cinnamon Goldfish 100% Fruit Juice	20 Bagel Cream Cheese Fresh Apple
23 Banana Muffin String Cheese 100% Fruit Juice	24 Cereal Cheese Cubes Fresh Apple	25 Mini Waffles	26 Yogurt Cinnamon Goldfish 100% Fruit Juice	27 Bagel Cream Cheese Fresh Apple

### Daily Offerings

Fresh Fruit, Chilled Fruit  
Craisins, Raisins  
100% Fruit Juice  
1% Low Fat Milk  
Fat Free Chocolate Milk



Bring on Breakfast adds excitement to the beginning of the school day by offering delicious food that fuels the day.

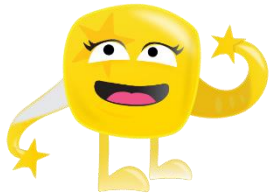
Meal prices: \$X.XX Lunch, \$X.XX etc.



Vegetarian



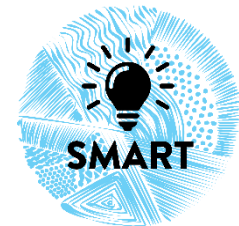
Locally Grown



### Program Logos

#### Highlight a special menu item!

- Copy & paste the logo you want onto the menu location you want
- Delete this page when done



FEED YOUR MOOD.

## Program Logos

### Highlight a special menu item!

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- Delete this page when done



# What's on the Menu?

August/September 2024

## RISE Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>26</b> Italian Meatball Sub Roasted Broccoli	<b>27</b> Cheeseburger Baked French Fries	<b>28</b> French Toast Chicken Sausage Tator Tots	<b>29</b> Grilled Chicken Bacon Ranch Sandwich Sweet Potato Fries	<b>30</b> Cheese Pizza Tossed Salad
<b>2</b> 	<b>3</b> General Tso Chicken Seasoned Brown Rice Roasted Broccoli	 <b>4</b> Rotini, Chicken & Broccoli Alfredo	<b>5</b> Austin Beef Twister BBQ Ground Beef & Cheddar on a Wrap Crinkle Cut Fries	<b>6</b> Pepperoni Pizza Caesar Salad
 <b>9</b> BBQ Chicken Tenders Baked Fries Dinner Roll	<b>10</b> NO SCHOOL Primary Election Day	<b>Local Corn Day 11</b> Roasted Pork & Gravy Local Corn on the Cob Roasted Local Potatoes	<b>12</b> Chicken Teriyaki Noodle Bowl Roasted Summer Squash	<b>13</b> Cheese Pizza Tossed Salad
 <b>16</b> Buffalo Chicken Dip Tortilla Chips Carrots & Celery	<b>17</b> Breakfast 4 Lunch French Toast Chicken Sausage Hashbrowns Breakfast Syrup	<b>18</b> Local Beef Tacos Local Lettuce Local Cheese Pico de Gallo	<b>19</b> Homemade Mac & Cheese Roasted Local Zucchini	<b>20</b> Pepperoni Pizza Kale & Local Apple Salad
 <b>23</b> Sweet & Sour Meatballs Vegetable Lo Mein Roasted Green Beans	<b>24</b> Cheese Quesadilla Corn & Black Bean Salsa	<b>25</b> Pasta with Homemade Italian-style Meat Sauce Roasted Broccoli	<b>26</b> BBQ Pulled Pork Sandwich Homestyle Coleslaw	<b>27</b> Cheese Pizza Tossed Salad

### Weekly Offerings

**8/26-8/30**

Chicken Patty Sandwich  
 Bagel Fun Lunch

**9/3-9/6**

Cheese Quesadilla  
 Turkey & Cheese Sandwich

**9/9-9/13**

Cheeseburger  
 Cereal Fun Lunch

**9/16-9/20**

Chicken Nuggets & Roll  
 Pizza Bagel Fun Lunch

**9/23-9/27**

Grilled Cheese  
 Nacho Fun Lunch

Fruit, Vegetable, & Milk Offered

### Daily Offerings

**extra**  
**extra**

A Variety of Fruit,  
 Vegetables, or Salads  
 (Fresh, Local, or Canned)

 Full menus available on Nutrislice!

**chartwells**  
 serving up happy & healthy

This institution is an equal opportunity provider.



Vegetarian



Locally Grown

Meal prices: \$X.XX Lunch, \$X.XX etc.

All meals served with 1% milk or fat free chocolate milk.

## Snack Menu Aug - September



26	27	28	29	30
String Cheese Fresh Apple	Cheddar Goldfish Baby Carrots Ranch Dressing	Cheddar Cubes Orange Wedges Craisins	Goldfish Pretzel Red & Green Pepper Strips Ranch Dressing	WG Cheez – It String Cheese Raisins
2	3	4	5	6
String Cheese Fresh Apple	Cheddar Goldfish Baby Carrots Ranch Dressing	Cheddar Cubes Orange Wedges Craisins	Goldfish Pretzel Red & Green Pepper Strips Ranch Dressing	WG Cheez – It String Cheese Raisins
9	10	11	12	13
String Cheese Fresh Apple	Cheddar Goldfish Baby Carrots Ranch Dressing	Cheddar Cubes Orange Wedges Craisins	Goldfish Pretzel Red & Green Pepper Strips Ranch Dressing	WG Cheez – It String Cheese Raisins
16	17	18	19	20
String Cheese Fresh Apple	Cheddar Goldfish Baby Carrots Ranch Dressing	Cheddar Cubes Orange Wedges Craisins	Goldfish Pretzel Red & Green Pepper Strips Ranch Dressing	WG Cheez – It String Cheese Raisins
23	24	25	26	27
String Cheese Fresh Apple	Cheddar Goldfish Baby Carrots Ranch Dressing	Cheddar Cubes Orange Wedges Craisins	Goldfish Pretzel Red & Green Pepper Strips Ranch Dressing	WG Cheez – It String Cheese Raisins



Any questions, please  
contact the Director of  
Dining Services,  
or at @copass-usa.com